



St Eugene's Primary School
58 Fyfin Rd
Victoria Bridge
Strabane
BT82 9JH

Dear Parent,

You may be aware that Relationships and Sexual Education has now become part of the statutory curriculum in Northern Ireland. We have not yet introduced this to St Eugene's Primary School, however, I have been busy engaging in training and preparing materials for the launch of the programme here in our school.

It is hoped that from January 2026 St Eugene's Primary School will introduce the *Relationships and Sexuality Education 'RSE'* curriculum. This programme supports pupils in developing knowledge, understanding and skills relating to relationships, emotional wellbeing, personal responsibility and respect for others.

The programme will be delivered under the following themes:

- Developing self-esteem and respect for others
- Understanding friendships and healthy relationships
- Changes during puberty (**P7 ONLY**)
- Personal safety and wellbeing
- Respect, consent and responsibility.

The topics will be delivered in a sensitive and age-appropriate way. This programme is delivered firmly within the context of the Church's teaching on sexuality. We invite all parents to have a look at the materials which will be used in their child's class by clicking the following link:

<https://www.catholiceducation-ni.org/page/Primary-RSE-Resources/126504/Index.html>

After the Halloween break you will be issued with a link via text to confirm if you give consent for your child to take part in these lessons. The lessons will only be delivered to children whose parents have consented.

If you would like further information about the RSE curriculum and these materials, feel free to contact the school and ask for a telephone call with myself. Alternatively, I will be available in our assembly hall on Wednesday the 28th of October from 2:15 to 3:15 for a drop-in session. You are welcome to come along, view the materials and ask any questions that you may have.

Yours sincerely

Mrs C Mc Dermott
RE & RSE Co-Ordinator